

NHS STAFF SURVEY – Paper version

SECTION ONE: ABOUT YOUR JOB

Q1. On an average week, what time do you usually arrive and leave work? (Use 24 hour clock)

	Time In		Time Out		Not Applicable (Tick if you do not usually work this day)
	Hour	Minute	Hour	Minute	
Monday					<input type="checkbox"/>
Tuesday					<input type="checkbox"/>
Wednesday					<input type="checkbox"/>
Thursday					<input type="checkbox"/>
Friday					<input type="checkbox"/>
Saturday					<input type="checkbox"/>
Sunday					<input type="checkbox"/>

I work Full Time (FT) / Part Time (PT)

Cross out box that does not apply

I work Rotational shifts (Y/N)

Cross out box that does not apply

FT	PT
Y	N

Q2. Please select one choice from the following options which best describes your current employment status.

Permanent	<input type="checkbox"/>
Contract	<input type="checkbox"/>
Agency	<input type="checkbox"/>
Casual/seasonal	<input type="checkbox"/>

Q2b. Which of the following best describes the role which you fulfil for your NHS Trust?

Administration/ Clerical	<input type="checkbox"/>	General Practitioner	<input type="checkbox"/>
Communications (including IT)	<input type="checkbox"/>	Human Resources	<input type="checkbox"/>
Clinical Services/ Patient Care – Primarily based on-site (e.g. Doctor, Nurse, Ward Assistant)	<input type="checkbox"/>	On-site services (E.g. catering, cleaning, site maintenance, car park operations)	<input type="checkbox"/>
Clinical Services/ Patient Care – Primarily off-site (e.g. Health visitor, district nurse)	<input type="checkbox"/>	Senior Management (No specific work stream).	<input type="checkbox"/>
Estates/ Facilities Management	<input type="checkbox"/>	Other (please specify)	<input type="checkbox"/>
Finance/ accounting	<input type="checkbox"/>		
Research	<input type="checkbox"/>		

Q2c. Do you consider that it is essential for you to use a car to perform this role?

Yes	<input type="checkbox"/>
No	<input type="checkbox"/>

Q3. Do you have a disability that would affect your travel options?

Yes

☐
☐

Please answer question 4

No

Please answer question 5

Q4. Are you part of the Blue Badge scheme?

Yes

☐
☐

No

SECTION TWO: ABOUT YOUR JOURNEY TO WORK

Q5. This question asks you about your normal journey to work (ignore your journey from work to home). Please use the following choices for each part of your journey that best describe the way you usually travel into work, and the amount of time spent on each part of the journey. Tick the box for the mode that applies to you for each leg of your journey and use as many 'legs' as it takes to complete all parts of your journey. If you use Public Transport, don't forget to record how you travel (walk/cycle) to the bus stop/train station as the FIRST leg of your journey.

From home I:	Walk	<input type="checkbox"/>	for	Approx. time taken (mins) -----	to	My place of work	<input type="checkbox"/>
	Cycle	<input type="checkbox"/>				The Underground station	<input type="checkbox"/>
	Drive a car alone	<input type="checkbox"/>				The railway station	<input type="checkbox"/>
	Ride a scooter/ motorcycle (below 125cc)	<input type="checkbox"/>				The bus stop	<input type="checkbox"/>
	Ride a motorcycle (above 125cc)	<input type="checkbox"/>				The DLR station	<input type="checkbox"/>
	Catch a taxi	<input type="checkbox"/>				The tram stop	<input type="checkbox"/>
	Car share as a driver	<input type="checkbox"/>				The Park & Ride site	<input type="checkbox"/>
	Car share as a passenger	<input type="checkbox"/>				Meet my car share partner	<input type="checkbox"/>
	Go to my home work station	<input type="checkbox"/>				Pick up/drop of children	<input type="checkbox"/>
						The riverboat pier	<input type="checkbox"/>
						Another location (please specify)	<input type="checkbox"/>

Then I:	Walk	<input type="checkbox"/>	for	Approx. time taken (mins) -----	to	My place of work	<input type="checkbox"/>
	Cycle	<input type="checkbox"/>				The Underground station	<input type="checkbox"/>
	Catch a Tube	<input type="checkbox"/>				The railway station	<input type="checkbox"/>
	Catch a train	<input type="checkbox"/>				The bus stop	<input type="checkbox"/>
	Catch a bus	<input type="checkbox"/>				The DLR station	<input type="checkbox"/>
	Catch the DLR	<input type="checkbox"/>				The tram stop	<input type="checkbox"/>
	Catch the tram	<input type="checkbox"/>				The Park & Ride site	<input type="checkbox"/>
	Catch the Park & Ride bus	<input type="checkbox"/>				Meet my car share partner	<input type="checkbox"/>
	Car share as a driver	<input type="checkbox"/>				Pick up/drop of children	<input type="checkbox"/>
	Car share as a passenger	<input type="checkbox"/>				The taxi rank	<input type="checkbox"/>
	Drive a car alone	<input type="checkbox"/>				The riverboat pier	<input type="checkbox"/>
	Catch a taxi	<input type="checkbox"/>				Another location (please specify)	<input type="checkbox"/>
	Catch a riverboat	<input type="checkbox"/>					
	Ride a scooter/ motorcycle (below 125cc)	<input type="checkbox"/>					
	Ride a motorcycle (above 125cc)	<input type="checkbox"/>					
	Other (please specify)	<input type="checkbox"/>					

Continue your journey breakdown on the next page(s) if necessary

Then I:	Walk		for	Approx. time taken (mins) -----	to	My place of work	
	Cycle					The Underground station	
	Catch a Tube					The railway station	
	Catch a train					The bus stop	
	Catch a bus					The DLR station	
	Catch the DLR					The tram stop	
	Catch the tram					The Park & Ride site	
	Catch the Park & Ride bus					Meet my car share partner	
	Car share as a driver					Pick up/drop of children	
	Car share as a passenger					The taxi rank	
	Drive a car alone					The riverboat pier	
	Catch a taxi					Another location (<i>please specify</i>)	
	Catch a riverboat						
	Ride a scooter/ motorcycle (below 125cc)						
	Ride a motorcycle (above 125cc)						
Other (please specify)							

Then I:	Walk		for	Approx. time taken (mins) -----	to	My place of work	
	Cycle					The Underground station	
	Catch a Tube					The railway station	
	Catch a train					The bus stop	
	Catch a bus					The DLR station	
	Catch the DLR					The tram stop	
	Catch the tram					The Park & Ride site	
	Catch the Park & Ride bus					Meet my car share partner	
	Car share as a driver					Pick up/drop of children	
	Car share as a passenger					The taxi rank	
	Drive a car alone					The riverboat pier	
	Catch a taxi					Another location (<i>please specify</i>)	
	Catch a riverboat						
	Ride a scooter/ motorcycle (below 125cc)						
	Ride a motorcycle (above 125cc)						
Other (please specify)							

Then I:	Walk		for	Approx. time taken (mins) -----	to	My place of work	
	Cycle					The Underground station	
	Catch a Tube					The railway station	
	Catch a train					The bus stop	
	Catch a bus					The DLR station	
	Catch the DLR					The tram stop	
	Catch the tram					The Park & Ride site	
	Catch the Park & Ride bus					Meet my car share partner	
	Car share as a driver					Pick up/drop of children	
	Car share as a passenger					The taxi rank	
	Drive a car alone					The riverboat pier	
	Catch a taxi					Another location (<i>please specify</i>)	
	Catch a riverboat						
	Ride a scooter/ motorcycle (below 125cc)						
	Ride a motorcycle (above 125cc)						
Other (please specify)							

Considering your journey details above, choose the mode of transport which you spend the **most time** on during your journey to work:

Q6. Why do you use this mode of travel? (tick up to four boxes)

Convenience

☐

Time Savings

☐

Cost

☐

Availability

☐

Satisfy work need/commitments

☐

Personal Safety

☐

Environmental reasons

☐

Health - disability reasons

☐

Dropping/collecting/caring/other commitments

☐

Health - fitness reasons

☐

Other (please specify)

If you drive or car share for a part or your entire journey to work answer Q7. If not, go to Q8.

Q7. When you drive or car share to work, where do you park?

On-site car park (no parking charges)

☐

On-site car park (with parking charges)

☐

Public car park (off-site)

☐

On-street parking (no parking charges)

☐

On-street car park (with parking charges)

☐

Park & Ride site

☐

Not Applicable – I am dropped off

☐

Other (please specify)

Q8. What could be done to encourage you to travel by another mode of transport to work?

Q8 is split into four different travel modes. Please consider this question for all the different modes and answer all four parts of Q8.

Q8a. Public Transport mode

For **each** and **every** public transport column below, number your **top four** choices with **1** as your first choice and **4** as your fourth.

	Tube	Bus	Train	DLR	Tram	River boat
Subsidised/ cheaper fares	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Interest free loans for season ticket purchase	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Up to date travel information at work on routes, times and fares	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
More secure/better quality waiting areas	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Pedestrian links	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Improved security on public transport	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
More frequent/reliable services at the times I need to travel	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Less crowded services	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Nothing would encourage me	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Other (please specify)

Q8b. Cycle and Motor Cycle (including mopeds)

Number your **top four** choices for either or both columns below, with **1** as your first choice and **4** as your fourth.

	Cycle	Motorcycle
Secure parking at work	<input type="text"/>	<input type="text"/>
Improved showers and changing facilities at work	<input type="text"/>	<input type="text"/>
More lockers and locker facilities at work	<input type="text"/>	<input type="text"/>
Discounts/ loans for purchase of cycles/motorcycles and equipment	<input type="text"/>	<input type="text"/>
Advice or training on riding skills	<input type="text"/>	<input type="text"/>
On-site bicycle repair service	<input type="text"/>	<input type="text"/>
Information on cycle routes and location of facilities	<input type="text"/>	<input type="text"/>
Better procedures and administration of pool cycles	<input type="text"/>	<input type="text"/>
Nothing would encourage me	<input type="text"/>	<input type="text"/>
Other (please specify)	<input type="text"/>	

Q8c. Walking

Number your **top four** choices, with **1** as your first choice and **4** as your fourth.

Safer crossing facilities on route	<input type="text"/>
Improved lighting/security on route to work	<input type="text"/>
More lockers and storage facilities at work	<input type="text"/>
Improved shower and changing facilities at work	<input type="text"/>
Less shared facilities with cyclists	<input type="text"/>
Nothing would encourage me	<input type="text"/>
Other (please specify)	<input type="text"/>

Q8d. Car Sharing

Number the **four** choices, with **1** as your first choice and **4** as your last.

Help in finding car share partners with similar work/travel patterns	<input type="text"/>
Incentives for car sharers	<input type="text"/>
Preferential parking	<input type="text"/>
Nothing would encourage me	<input type="text"/>
Other (please specify)	<input type="text"/>

SECTION THREE: ABOUT TRAVELLING IN THE COURSE OF WORK

Q9a. Ignoring your work commute, but including any trips direct from home to another site, how many days a week do you typically travel off-site for business?

5+ Days	<input type="text"/>
4 Days	<input type="text"/>
3 Days	<input type="text"/>
2 Days	<input type="text"/>
1 Day	<input type="text"/>
Less than weekly	<input type="text"/>

If you checked 'less than weekly':

Q9b1. In that case, please enter number of days (on average) a month:

 days

Any other answer:

Q9b2. On these days, how much time do you typically spend on-site?

Very little or none [E.g. Only on-site at very beginning or end of day or not at all]	<input type="text"/>
Less than half the day [E.g. Only short amounts of time on-site between visits]	<input type="text"/>
About half the day [E.g. Undertake tasks onsite as well as offsite]	<input type="text"/>
Over half the day [E.g. A single trip off-site during that day]	<input type="text"/>

Q10a Where do you usually travel to on business?

Cross out box that does not apply

To other sites operated by your NHS Trust?	<input type="checkbox"/> Y <input type="checkbox"/> N	Please state where
To other NHS sites within London?	<input type="checkbox"/> Y <input type="checkbox"/> N	Please state where
To other NHS sites elsewhere in the UK?	<input type="checkbox"/> Y <input type="checkbox"/> N	Please state where
To other sites outside of your organisation?	<input type="checkbox"/> Y <input type="checkbox"/> N	Please state where

If 'yes' to other sites outside your organisation:

Q10b. Which of the following are common reasons for you to travel to sites outside of your organisation? [Exclude any that you only do occasionally]

Patient/ home visits	<input type="checkbox"/> Y <input type="checkbox"/> N
Meetings with third parties (e.g. consultants, suppliers)	<input type="checkbox"/> Y <input type="checkbox"/> N
Training/ educational/ research visits	<input type="checkbox"/> Y <input type="checkbox"/> N
Other (please describe)	<input type="text"/>

Q11. What usual main mode of transport do you use for business travel? *Main mode in this case means the mode which you will spend the **most time** using for your journey:*

Walk	<input type="checkbox"/>	Car share as a driver	<input type="checkbox"/>
Cycle	<input type="checkbox"/>	Car share as a passenger	<input type="checkbox"/>
Tube/Underground	<input type="checkbox"/>	Drive a car alone	<input type="checkbox"/>
Train	<input type="checkbox"/>	Taxi	<input type="checkbox"/>
Bus	<input type="checkbox"/>	Scooter/motorcycle (below 125cc)	<input type="checkbox"/>
Park & Ride bus	<input type="checkbox"/>	Motorcycle (above 125cc)	<input type="checkbox"/>
DLR	<input type="checkbox"/>	Work from home	<input type="checkbox"/>
Tram	<input type="checkbox"/>	Pool bike	<input type="checkbox"/>
Riverboat	<input type="checkbox"/>	Pool car	<input type="checkbox"/>
		Other (please specify)	<input type="text"/>

Answer this question if you currently drive on your own for business journeys, if not go to Q.13.

Q12. If you currently drive on your own for business journeys, what could be done to encourage you to travel by another, more sustainable mode of transport? *(tick up to four boxes)*

Travel information	<input type="checkbox"/>	Pool bike	<input type="checkbox"/>
Ticket purchase	<input type="checkbox"/>	Cycle mileage	<input type="checkbox"/>
Financial incentive	<input type="checkbox"/>	Provision of equipment (cycle jacket, lock, etc.)	<input type="checkbox"/>
Telephone conferencing	<input type="checkbox"/>	Pool car	<input type="checkbox"/>
Video conferencing	<input type="checkbox"/>	My role is designated as 'Car User' – I need to use a car	<input type="checkbox"/>
Teleworking	<input type="checkbox"/>		
Nothing	<input type="checkbox"/>	Other (please specify)	<input type="text"/>

Q13. If you use your car for non-work purposes during the day, are there any facilities that could be provided on or near your work site that could be considered instead?

Cross out box that does not apply

Y	N
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If answered 'Yes', please also answer 13b.

Q13b. What facilities would you use if they were available on or near the site?

Banking services	<input type="checkbox"/>	Food (for consumption)	<input type="checkbox"/>
Postal Services	<input type="checkbox"/>	Food (retail)	<input type="checkbox"/>
Dry cleaning	<input type="checkbox"/>	Leisure e.g. gym	<input type="checkbox"/>
Crèche/childcare	<input type="checkbox"/>	Other (please specify)	<input type="text"/>

Q14. Please indicate if you already use these different working options in your role. If not used, indicate how realistic they might be to you.

	Currently do so	Very realistic	Possibly realistic	Not realistic
Telephone conferencing	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>
Video conferencing	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>
Flexi-working	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>
Compressed working	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>
Home working	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>

Q15. Given the opportunity to work from home, how likely are you to want to do this?

Very likely	<input type="text"/>
Likely	<input type="text"/>
Not likely	<input type="text"/>
Not appropriate for my job	<input type="text"/>

SECTION FOUR: ABOUT YOU

By submitting the personal details you have provided in this form, you are authorising Transport for London and its subcontractors to use your details given in this Section for the purposes of administration and research linked to workplace travel plans. Your personal information will be properly safeguarded and processed in accordance with the requirements of the Data Protection Act 1998.

TfL would like to contact you to offer you further travel plan advice. We will only do this if you tick this box: ☐

Q16. Please enter your surname and first initial (use block capitals)

Surname	Initial
<input type="text"/>	<input type="text"/>

Q17. Please enter your email address (either work or personal).

Email address	This address is:
<input type="text"/>	Work <input type="checkbox"/> Personal <input type="checkbox"/>

Q18. What is your home postcode?

Q19. What is the postcode of your main place of work?

Q20. Please indicate your gender

Female	<input type="text"/>
Male	<input type="text"/>

Q21. Please indicate your age group

16-18	<input type="text"/>	36-40	<input type="text"/>
19-21	<input type="text"/>	41-50	<input type="text"/>
22-24	<input type="text"/>	51-60	<input type="text"/>
25-30	<input type="text"/>	61-70	<input type="text"/>
31-35	<input type="text"/>	71+	<input type="text"/>

As part of the process to better understand the positive link between health and active travel please would you answer these final questions?

Q23. During the last seven days, what physical activity have you undertaken (excluding cycling or walking to work)?

*For each type of activity, please indicate the number of **days** on which you did the activity and give an approximation of the total time spent. Please include only those physical activities done for at least **10 minutes** at a time.*

Activity	Number of days on which you did this type of activity (Please indicate 0-7)	Total weekly time spent on this type of activity (in minutes)
Vigorous activity like football, squash, fast cycling, running, aerobics, workout in a gym	<input type="text"/>	<input type="text"/>
Moderate activity like walking, gentle cycling, yoga, gardening or DIY.	<input type="text"/>	<input type="text"/>

Q24. During the last 12 months, approximately how many days have you taken off work because of sickness?

No days	<input type="text"/>
1 to 5 days	<input type="text"/>
6 to 10 days	<input type="text"/>
11 to 15 days	<input type="text"/>
16 to 20 days	<input type="text"/>
20 or more days	<input type="text"/>

The survey is complete

THANK YOU FOR YOUR CO-OPERATION